



YMCA Contact:

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FOR IMMEDIATE RELEASE

3rd Annual YMCA Senior Games to be Held June 12-13

Events celebrate athleticism and community spirit for ages 50+.

RAPID CITY, SD MAY 5, 2026 – The YMCA of the Black Hills is pleased to host the 3rd annual YMCA Senior Games June 12-13, 2026. The Games invites individuals aged 50+ from across the Black Hills to participate in a wide range of events to celebrate athleticism, mental ability and camaraderie. “The Y is thrilled to again host the YMCA Senior Games,” states Erica Richter, Program Director Liberty Center YMCA. “We love hosting this event, as it directly impacts healthy living within our communities.”

A full schedule of all events and registration should be made in advance at www.ymcabh.org - early bird pricing is in effect through May 13th and offers a savings of \$12 per registrant!

Schedule of Events:

Friday, June 12, 9am-12pm: Outdoor Campus West Archery Range (4130 Adventure Trail, Rapid City, SD 57702)

- Archery - 900 Round competition, with 30 arrows shot at 60, 50, and 40 yards. Participants must provide their own bow and arrows.

Friday, June 12, 2pm-finish: Rapid City YMCA (815 Kansas City St, Rapid City, SD 57701)

- Swimming events

Saturday, June 13, 9am-finish: Liberty Center YMCA (401 Main St, Box Elder, SD 57719)

- Track and Field Events
- Basketball Skills
- Mind & Skill Games, Spelling Bee
- Pickleball Doubles
- Strength Games

The 2026 YMCA Senior Games are proudly sponsored by the South Dakota Senior Insurance Agency, Rapid City *Journal* and Black Hills Federal Credit Union.

Questions? Please contact the Y at 605-791-0400, via email to erica.richter@ymcabh.org or visit <https://ymcabh.org/news-events/>

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About the YMCA of the Black Hills

Driven by its founding mission, the YMCA of the Black Hills has served as a leading nonprofit committed to strengthening community for more than 77 years. The Y empowers everyone, no matter who they are or where they're from, by ensuring access to resources, relationships and opportunities for all to learn, grow and thrive. By bringing together people from different backgrounds, perspectives and generations, the Y's goal is to improve overall health and well-being, ignite youth empowerment and demonstrate the importance of connections in and across 10,000 communities nationwide. Learn more at www.ymcabh.org