

# Summer 2026 Program Guide

June 1 – August 31



YMCA of the Black Hills

Rapid City YMCA • Liberty Center YMCA • Custer YMCA • Edgemont YMCA

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**2026 SUMMER HOURS ALL LOCATIONS  
CLOSED**

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**Memorial Day, MAY 25**

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**Monday, AUGUST 17**

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**Labor Day, SEPTEMBER 7**



**175** YEAR ANNIVERSARY

# YMCA of the Black Hills

## Rapid City YMCA

 815 Kansas City St.  
Rapid City  605.718.9622

### Facility Hours

 Weekdays 5:00AM – 9:00PM  
Saturday 7:00AM – 5:00PM  
Sunday 10:00AM – 4:00PM

## Liberty Center YMCA

 401 Main St.  
Box Elder  605.791.0400

### Facility Hours

 Weekdays 5:00AM – 8:00PM  
Saturday 6:00AM – 8:00PM  
Sunday 10:00AM – 4:00PM

## Child Watch

### Rapid City Child Watch Hours: Summer, 2026

M 8A-1:15P and 5P-7P  
T 8A-1:15P and 5P-7P  
W 8A-1:15P (No evening Hours)  
TH 8A-1:15P and 5P-7P  
F 8A-1:15P (No evening hours)  
Saturday 9A-1P

### Liberty Center Child Watch Hours: Summer, 2026

M-TH 4:30PM-6:30PM  
M-F 8:30AM-11:30AM  
Saturday 8:30-10:30AM

## Custer YMCA

 644 Crook St.  
Custer  605.673.5134

### Facility Hours

 Weekdays 5:00AM – 7:00PM  
Saturday 7:00AM – 12:00PM

## Edgemont YMCA

 715 Mogul Way  
Edgemont  605.662.7999

### Facility Hours

 Cardio Room:  
Monday-Thursday 7:30AM – 4:00PM  
Friday 7:30AM – 2:00PM  
Weight Room:  
Monday & Thursday 4:00PM – 6:00PM



## Donate

You can support your community in a lasting and meaningful way. Support your local Y today by giving to the Annual Campaign.

**GIVE TODAY**

## Membership For All

At the Y, we want to make it easy and affordable for you and your family to stay healthy together. We offer a variety of affordable options for membership and programs. Financial aid and scholarships are also available through the Y For All Campaign.

## Join Our Team

Looking for more than just a job? Join our team and get a free YMCA membership, great benefits and more! View open positions and apply online: <https://ymcabh.org/careers/>

## Volunteer

As a nonprofit, the Y is able to strengthen community because of the dedicated youth, families and individuals who share our passion and make the Y part of their lives. They give their time, resources and talents – every day and in hundreds of ways – because they know they can improve the lives of others while enhancing their own through the Y.

**CLICK HERE TO VOLUNTEER TODAY**

## Mobile App & Social Media

1

Download the free Y360 app and easily scan to check in, view schedules, get facility alerts, and more!





# PERSONAL TRAINING

## RAPID CITY YMCA

Whether you want to lose weight, improve your health, or train for an event or sport, YMCA Personal Trainers can help you reach your goals while seeing and feeling results. Our experienced trainers can address weight loss, toning, cardio and strength training, accountability, overall wellness and more! We offer a variety of programs to fit your goals, interests and lifestyle. This is the absolute best personal training value in Rapid City!

### Personal Training Packages (Individual) – Members Only

Embark on a journey to a healthier, fitter you with our personal training sessions that will help physical activity become a lifelong habit.

\*12 and 13 year olds must be accompanied by a guardian during personal training sessions.

Ages: 12-99

Dates: MONDAY – FRIDAY; Time: Varies

Instructors: Nicole Craig, Anthony Price, Danny Nagel, Roberto Parker, Josh Johnson, Wade Ludeman

4 Pack Sessions: \$142

**REGISTER**

8 Pack Sessions: \$264

**REGISTER**

12 Pack Sessions: \$360

**REGISTER**

### Personal Training Packages (Group) – Members Only

Don't like to work out alone? Split the cost and the fun. Grab 2-4 friends and enjoy the journey to a healthier, fitter you – together!

\*12 and 13 year olds must be accompanied by a guardian during personal training sessions.

Ages: 12-99

Dates: MONDAY – FRIDAY; Time: Varies

Instructors: Nicole Craig, Anthony Price, Danny Nagel, Roberto Parker, Josh Johnson, Wade Ludeman

4 Pack Sessions: \$200

**REGISTER**

8 Pack Sessions: \$360

**REGISTER**

12 Pack Sessions: \$480

**REGISTER**

### Nutrition Coaching – Individual

YMCA nutrition coaching aims to empower individuals with the knowledge, skills, and support they need to make positive changes in their eating lifestyle, promoting overall health and wellness.

\*12 and 13 year olds must be accompanied by a guardian during nutrition coaching sessions.

Ages: 12-99

Dates: MONDAY – FRIDAY; Time: Varies

Instructor: Roberto Parker

4 Pack Sessions: \$142

**REGISTER**

8 Pack Sessions: \$264

**REGISTER**



# HEALTH & WELLNESS

## Youth Wellness Orientation

The Youth Wellness Center Orientation will introduce your child to the Wellness Floor and inform them how the YMCA fits into their goals of becoming a healthier individual. This course is mandatory for 10-11-year-olds who want access to the Wellness Floor (fitness machines and turf area) and is designed to give youth a comprehensive and informative training. Participants will learn correct use of equipment, rules, strength training principles, and more! After successful class completion, participants in the 10-11 age range are allowed to workout on the Wellness Floor (excludes free weights) under the supervision of a parent/legal guardian. After successful completion of this program, the individuals will be able to get a wellness center bracelet each time they check in.

NOTE: A parent/legal guardian must attend all sessions with the 10-11-year-olds. Children must be minimum 10 years old by the end of the program.

Participants must attend both sessions.

Ages: 10-11

June 2 & June 4

July 7 & July 9

August 4 & August 6

TUESDAY & THURSDAY 4:00-5:30 PM

**Location: Liberty Center YMCA**

**Member Fee: \$36**

**Program Participant Fee: \$52**



## New Member **FREE** Personal Training Orientation

Whether you've been a member your whole life, or just joined for the first time, we want you to be comfortable in our Wellness Center. Learn how to use the cardio/weight equipment. We'll get you set up with correct seat settings, weights, and repetitions for a safe and great workout.

\*12 & 13 year olds must be accompanied by guardian during personal training sessions.

Ages: 12-99

Dates: January 1 – December 31

SUNDAY – SATURDAY

Time: Varies

**Location: Rapid City YMCA**

**Location: Liberty Center YMCA**

**Free for members**



# AQUATICS



Rapid City YMCA

PARENT & CHILD

PRESCHOOL

**A**  
**Water Discovery**  
  
 Student not yet able to respond to verbal cues and jump on land.

**B**  
**Water Exploration**  
  
 Student not yet comfortable working with an instructor without a parent in the water.

**1**  
**Water Acclimation**  
  
 Student not yet able to go underwater voluntarily.

**2**  
**Water Movement**  
  
 Student not yet able to do a front and back float on his or her own.

**3**  
**Water Stamina**  
  
 Student not yet able to swim 10-15 yards on his or her front and back.

**4**  
**Stroke Introduction**  
  
 Student not yet able to swim 15 yards of front and back crawl.

**5**  
**Stroke Development**  
  
 Student not yet able to swim front crawl, back crawl, and breaststroke across the pool.

**6**  
**Stroke Mechanics**  
  
 Student not yet able to swim front crawl, back crawl, and breaststroke across the pool and back.

**SWIM STARTERS**  
 Swim readiness skills

**SWIM BASICS**  
 Recommended skills for all to have around water

**SWIM STROKES**  
 Skills to support a healthy lifestyle

**SWIMMING LESSONS**  
 RAPID CITY YMCA

- Rapid City YMCA
- Parent/Child • Preschool
- Preschool with Parent
- School Age Swim Lessons
- Homeschool Lessons
- Teen/Adult Lessons • Swim League



The YMCA takes a safety-first approach – focusing on small class sizes, boosting confidence, building student/instructor relationships, and allowing each swimmer to progress at their own pace. Lessons are divided into progressive stages to help children and adults build water safety and swim skills.

Lessons offered monthly- CHECK [HERE](#) or the Membership Desk for specific dates and times.

Members: \$56

Program Participant: \$88

Summer 1: June 8th- July 17th (Registration begins 4/27 for members and 5/4 for nonmembers- both close on 6/3)

Summer 2: July 20th- August 29th (Registration begins 6/1 for members and 6/8 for nonmembers- both close on 7/15)

Parent/Child Stage A: 6 months - 3 years

Parent/Child Stage B: 1 year - 3 years

Parent/Child Stage A/B: 6 months - 3 years

Preschool: 3 years - 5 years

Preschool with Parent: 3 years - 5 years old (when kids are too nervous to be in a class alone, parents will start in the water and phase out so that by the end of the session, only the child is in water with the instructor. This is preparing them for level 1/2 without a parent)

School Age: 6 years - 12 years

Teen/Adult: 13 years and up



## Custer Summer Swim Lessons:

### Parent & Me

In this parent-guided program, infants and toddlers learn to be comfortable in the water and develop swim-readiness skills through fun and confidence-building experiences. Parents learn about water safety, drowning prevention, and the importance of supervision. Parent/Guardian (not sibling) MUST be in the water with the child.

Ages 2-4

August 3 – August 13

Monday- Thursday 12:00PM to 12:30PM

**Location: Custer Pool**

**Member Fee: \$35**

**Program Participant Fee: \$50**

**REGISTER !**

## Custer Summer Swim Lessons:

### Level 1 Water Acclimation

Level 1: Class for pre-school beginner, includes water adjustment, water safety coordination building, endurance, and self-confidence. Parent/Guardian must get into the water with the child if the child is under 5 years old.

Ages 3-6

Session 1: July 6 – July 16

Session 2: July 20 – July 30

Session 3: August 3 – August 13

Session 1: Monday – Thursday 12:00 PM – 12:30 PM

Session 2: Monday – Thursday 12:00 PM – 12:30 PM  
or 5:45 PM to 6:15 PM

Session 3: Monday – Thursday 5:45 PM to 6:15 PM

**Location: Custer Pool**

**Member Fee: \$35**

**Program Participant Fee: \$50**

**REGISTER !**

## Custer Summer Swim Lessons:

### Level 2 Water Movement

Students focus on body position and control, directional change, and forward movement in the water while continuing to practice how to safely exit in the event of falling into a body of water. Students will focus on: exploring the aquatic environment without instructor help, developing basic skills to propel and glide through the water without instructor help, learning basic aquatic and boating safety, and accepting some responsibility for safe practice.

Ages 7-9

Session 1: July 6 – July 16

Session 2: July 20 – July 30

Session 3: August 3 – August 13

Session 1: Monday – Thursday 11:00 AM – 11:45 AM

Session 2: Monday – Thursday 5:45 PM to 6:30 PM

Session 3: Monday – Thursday 11:00 AM – 11:45 AM

**Location: Custer Pool**

**Member Fee: \$35**

**Program Participant Fee: \$50**

**REGISTER !**



## Custer Summer Swim Lessons: Level 3 Water Movement

In this stage, students learn how to swim to safety from a longer distance than in previous stages in the event of falling into a body of water. This stage also introduces rhythmic breathing and integrated arm and leg action. Students will focus on: integrated arm and leg action, rhythmic breathing in back and front glides, develop forward movement on the front and back, and practice skills and safety techniques in deep water.

Ages 8-12

Session 1: July 6 - July 16

Session 2: July 20 - July 30

Session 3: August 3 - August 13

Session 1: Monday - Thursday 12:00 PM - 12:45 PM or  
5:45 PM to 6:30 PM

Session 2: Monday - Thursday 11:00 AM - 11:45 AM

Session 3: Monday - Thursday 12:00 PM - 12:45 PM

**Location: Custer Pool**

**Member Fee: \$35**

**Program Participant Fee: \$50**

**REGISTER !**

## Custer Summer Swim Lessons: Level 5 Stroke Development

Ages 10-13

Session 1: July 6 - July 16

Session 3: August 3 - August 13

Session 1: Monday - Thursday 12:00 PM - 12:45 PM

Session 3: Monday - Thursday 5:45 PM to 6:30 PM

**Location: Custer Pool**

**Member Fee: \$35**

**Program Participant Fee: \$50**

**REGISTER !**

## Custer Summer Swim Lessons: Level 6 Stroke Mechanics

In this stage, students refine stroke technique on all major competitive strokes, learn about competitive swimming, and discover how to incorporate swimming into a healthy lifestyle. Students in this stage focus on the following: developing endurance in the competitive strokes, developing skills related to competitive swimming like flip turns and enhancing skills and building endurance in deep water.

Ages 10-15

Session 3: August 3 - August 13

Session 3: Monday- Thursday 5:45 PM to 6:30 PM

**Location: Custer Pool**

**Member Fee: \$35**

**Program Participant Fee: \$50**

**REGISTER !**

## Custer Summer Swim Lessons: Junior Lifeguard

Advanced Class, students will be able to tread water continuously without the use of their arms for two minutes, and swim 300 yards continuously using front crawl or breaststroke. Perform other strokes as assigned and demonstrate lifesaving techniques and other required skills.

Ages 14 and up

June 15th - June 18th

Session 3: Monday- Thursday 1:00 PM to 5:00 PM

**Location: Custer Pool**

**Member Fee: \$60**

**Program Participant Fee: \$85**

**REGISTER !**





# AQUATICS

## Community SAW **NEW!** (Safety Around Water) Day

Members and Nonmembers can join in on the free SAW Day! Participate in the stations and stay to swim in the family pool after. Safety Around Water is designed to teach kids water safety skills that help reduce the risk of drowning and build their skills and confidence in and around water. In the program, participants will experience:

- Exercises to help kids adjust to being in the water
- Skill sets kids can use if they unexpectedly find themselves in the water: Jump, Push, Turn, Grab and Swim, Float Swim.
- Safety topics like what to do if you see someone in the water who needs help
- Fun activities that reinforce skills

Saturday, May 9 - 11:30 AM-1:00 PM

**Location: Rapid City YMCA**

**FREE for members and nonmembers, but registration is required.**

**REGISTER !**

## City of Edgemont Swimming Pool Summer Opening

Make a splash this summer! The outdoor city swimming pool is set to open for the season on June 8. Join us as we kick off summer with refreshing swims, fun in the sun, and a great place to cool off with family and friends.

Opening day marks the start of another season of summer fun—bring your swimsuit, sunscreen, and excitement, and come enjoy everything the pool has to offer.

Ages: 0+

June 8th (weather dependent) through August 8th  
MONDAY - SATURDAY 12:30-5:30 PM

**Location: Edgemont YMCA**

**FREE FOR MEMBERS**

**Kids Under 2 FREE**

**Child 3+ \$4**

**Adult \$5**

**Custer Swimming Pool** - Contact the Custer YMCA or watch their Facebook page for updates!

# Edgemont Summer 2026 Swimming Lessons

SCHOOL AGE, TEEN & ADULT

PARENT & CHILD

PRESCHOOL

<b>A</b> <b>Water Discovery</b>  Student not yet able to respond to verbal cues and jump on land.	<b>B</b> <b>Water Exploration</b>  Student not yet comfortable working with an instructor without a parent in the water.	<b>1</b> <b>Water Acclimation</b>  Student not yet able to go underwater voluntarily.	<b>2</b> <b>Water Movement</b>  Student not yet able to do a front and back float on his or her own.	<b>3</b> <b>Water Stamina</b>  Student not yet able to swim 10-15 yards on his or her front and back.	<b>4</b> <b>Stroke Introduction</b>  Student not yet able to swim 15 yards of front and back crawl.	<b>5</b> <b>Stroke Development</b>  Student not yet able to swim front crawl, back crawl, and breaststroke across the pool.	<b>6</b> <b>Stroke Mechanics</b>  Student not yet able to swim front crawl, back crawl, and breaststroke across the pool and back.
<b>SWIM STARTERS</b> Swim readiness skills		<b>SWIM BASICS</b> Recommended skills for all to have around water			<b>SWIM STROKES</b> Skills to support a healthy lifestyle		

Ages 0 and up

Session 1: July 6 – July 16  
 Session 2: July 20 – July 30

**Location: Edgemont**  
**Member Fee: \$30**  
**Program Participant Fee: \$40**

## Edgemont End of Season Pool Party 2026 FREE

Join us for the FREE End of Season Pool Party packed with sunshine, splashes, and sweet treats! Bring your friends and family to cool off in the pool and soak up the last of the summer vibes. As a special treat, we'll be handing out delicious root beer floats—on the house! Don't miss this fun-filled day of swimming, laughter, and community connection. All ages welcome!

Ages: All  
 August 6th  
 THURSDAY 4:30PM – 6:00PM  
**Location: Edgemont Pool**



# The World is 71% Water Your Children are 100% Curious

Teach your children water safety  
 and let them explore all the possibilities!

## SAFETY AROUND WATER DAY

Saturday, May 9th • 11:30am - 1:00pm  
 Rapid City YMCA • 815 Kansas City St.



# ENRICHMENT



## Color Me Red, White, and Blue 5k

Get ready to lace up your running shoes and show your patriotic spirit at our Color Me Red, White, and Blue 5K Run! Be prepared to be showered with clouds of red, white, and blue powder at designated color stations. Each burst of color adds to the excitement and energy.

\*\* Top 10 will receive medals.

\*\* 5 and under free.

\*\* Register by June 3rd for Early Bird Registration!

Ages: 0-99

July 2

THURSDAY, 5:30-7:30 PM

**Location: Liberty Center YMCA**

**Member Fee: \$24/\$30**

**Program Participant Fee: \$30/\$36**

**REGISTER !**

## Need a Friday night to yourself? We've got you covered at the Rapid City YMCA!

Drop the kids off for an evening of fun, games, and activities while you enjoy a night out. Snacks provided.

Ages: 3 to 12

May 8

5:30 PM-8:30 PM

**Location: Rapid City YMCA**

**Member Fee: \$10**

**Program Participant Fee: \$15**

**MAY**

## Parents' Night Out

Take a night for yourself while our certified YMCA staff take care of the kids!

Snacks will be provided. Please do not bring outside snacks unless your child has dietary restrictions.

Send a labeled water bottle with your child.

Be sure to select the correct payment option when registering.

Ages: 1-13

June 13, July 11, August 15

SATURDAY, 6:00-9:00 PM

**Location: Liberty Center YMCA**

**Member Fee: \$10 for one child, \$30 for 3 or more**

**Program Participant Fee: \$20 for one child,  
\$60 for 3 or more.**

**JUNE JULY AUG**

## Parents' Day Out

Take a day for yourself while our certified YMCA staff take care of the kids!

Lunch will be provided. Please do not bring outside food unless your child has dietary restrictions.

Send a labeled water bottle with your child.

Be sure to select the correct payment option when registering.

Ages: 1-13

June 20, July 18, August 11

SATURDAY, 10:00AM-1:00PM

**Location: Liberty Center YMCA**

**Member Fee: \$10 for one child, \$30 for 3 or more**

**Program Participant Fee: \$20 for one child,  
\$60 for 3 or more**

**JUNE JULY AUG**

## Intro to D & D

This 6-week Dungeons & Dragons program is designed for players who are ready to build on basic game knowledge and dive deeper into collaborative storytelling. Participants will continue developing characters, explore an ongoing fantasy storyline, and work together to overcome challenges and quests led by a Dungeon Master.

Ages: 9+

May 9- June 13

1:30-3:00 PM

**Location: Liberty Center YMCA**

**Member Fee: \$26**

**Program Participant Fee: \$44**

**REGISTER !**

## D & D Campaign

Our 6-Week Dungeons & Dragons Campaign is designed as an immersive adventure from start to finish. Players will create characters and embark on an ongoing story-driven quest filled with challenges, teamwork, strategy, and plenty of imagination. Each week builds on the last as the party explores new locations, battles enemies, solves puzzles, and uncovers secrets along the way.

Ages: 9+

May 9- June 13

SATURDAY, 3:00-4:30 PM

**Location: Liberty Center YMCA**

**Member Fee: \$36**

**Program Participant Fee: \$54**

**REGISTER !**





# ENRICHMENT

## Monthly 50+ Social **FREE**

Join us for our Monthly Senior Social! Held on the last Thursday of every month at 1:00PM, this gathering is a fun way to connect, chat, and enjoy light activities with friends in a relaxed, welcoming environment.

Ages: 50+  
June 25  
July 30  
August 27

THURSDAY, 1:00 PM

**Location:** Liberty Center YMCA

**Member Fee:** \$0 **Program Participant Fee:** \$0

JUNE JULY AUG

## YMCA ForeverWell Hiking Group

This YMCA 55+ Hiking Group is designed for active adults who want to explore the outdoors, stay healthy, and connect with others who share a love of nature. Whether you're a seasoned hiker or just looking to enjoy a scenic walk, this group offers a welcoming, supportive environment for all ability levels.

Transportation will be provided, leaving from the Rapid City YMCA 815 Kansas City St.

Ages: 55+  
Dates: TBD  
Times: TBD

**Location:** Rapid City YMCA

**Member Fee:** \$ **Program Participant Fee:** \$



# SPORTS



### Custer Baseball Tee Ball

Engineered to build the next generation of ball players by mastering the essential mechanics of batting, catching, and throwing in a high-energy environment. We believe every athlete deserves their moment in the spotlight, which is why we guarantee equal opportunities for every child to bat, run the bases, and command the field. Our coaches lead with a focus on skill-building and teamwork, creating a space where fitness and friendship go hand-in-hand with the competitive spirit of the game. This league is all about family involvement and the drive to improve every single inning.

Ages: 4-6  
May 18 – June 27  
TBD 4:30 PM – 6:00 PM  
**Location: Custer YMCA**  
**Member Fee: \$35**  
**Program Participant Fee: \$50**

**REGISTER** !

### Custer Baseball Coach Pitch

Engineered to build the next generation of ball players by mastering the essential mechanics of batting, catching, and throwing in a high-energy environment. We believe every athlete deserves their moment in the spotlight, which is why we guarantee equal opportunities for every child to bat, run the bases, and command the field. Our coaches lead with a focus on skill-building and teamwork, creating a space where fitness and friendship go hand-in-hand with the competitive spirit of the game. This league is all about family involvement and the drive to improve every single inning.

Ages: 5-7  
May 18 – June 27  
TBD 4:30 PM – 6:00 PM  
**Location: Custer YMCA**  
**Member Fee: \$35**  
**Program Participant Fee: \$50**

**REGISTER** !

### Custer Baseball Minors Baseball

Engineered to build the next generation of ball players by mastering the essential mechanics of batting, catching, and throwing in a high-energy environment. We believe every athlete deserves their moment in the spotlight, which is why we guarantee equal opportunities for every child to bat, run the bases, and command the field. Our coaches lead with a focus on skill-building and teamwork, creating a space where fitness and friendship go hand-in-hand with the competitive spirit of the game. This league is all about family involvement and the drive to improve every single inning.

Ages: 7-10  
May 18 – July 25  
TBD 4:30 PM – 6:00 PM  
**Location: Custer YMCA**  
**Member Fee: \$35**  
**Program Participant Fee: \$50**

**REGISTER** !

### Custer Baseball Majors Baseball

Engineered to build the next generation of ball players by mastering the essential mechanics of batting, catching, and throwing in a high-energy environment. We believe every athlete deserves their moment in the spotlight, which is why we guarantee equal opportunities for every child to bat, run the bases, and command the field. Our coaches lead with a focus on skill-building and teamwork, creating a space where fitness and friendship go hand-in-hand with the competitive spirit of the game. This league is all about family involvement and the drive to improve every single inning.

Ages: 10-13  
May 18 – July 25  
TBD 4:30 PM – 6:00 PM  
**Location: Custer YMCA**  
**Member Fee: \$35**  
**Program Participant Fee: \$50**

**REGISTER** !

### Brian Boyer Memorial Junior Golf 2026

Join us for an exciting season of recreational golf this summer at the Custer YMCA. We will instruct the youth on basic rules and etiquette while emphasizing skill development. Golfers will spend time on the range learning how to drive, chip, in a safe environment.

Ages: 5-18  
July 6-30  
Monday/Tuesday/Wednesday/Thursday  
SESSION 1  
9:00 AM – 10:00 AM  
SESSION 2  
10:15 AM – 11:15 AM

**Location: Custer YMCA**  
**Early registration: May 1-31 \$65/\$80**  
**Registration: June 1-30 \$80/\$95**

**SESSION 1** ! ! **SESSION 2** ! !



# SPORTS

## Basketball Skills Camp – Liberty Center YMCA

Join our 4-week Basketball Skills Camp to develop fundamentals, improve technique, and build confidence on the court! Players will focus on dribbling, shooting, passing, and defense through drills, scrimmages, and fun challenges. With guided coaching and personalized feedback, all skill levels are welcome. Come train, learn, and elevate your game!

K - 2nd grade  
July 6 - July 27  
MONDAYS 5:00-6:00 PM

**Member Fee: \$52**  
**Program Participant Fee: \$64**

REGISTER 

3rd - 5th grade  
July 7 - July 28  
TUESDAYS 5:00-6:30 PM

**Member Fee: \$62**  
**Program Participant Fee: \$76**

REGISTER 

6th - 8th grade  
July 8 - July 29  
WEDNESDAY 5:00-6:30 PM

**Location: Liberty Center YMCA**  
**Member Fee: \$62**  
**Program Participant Fee: \$76**

REGISTER 

## Basketball Skills Camp – Rapid City YMCA

Join our 6-week Basketball Skills Camp to develop fundamentals, improve technique, and build confidence on the court! Players will focus on dribbling, shooting, passing, and defense through drills, scrimmages, and fun challenges. With guided coaching and personalized feedback, all skill levels are welcome. Come train, learn, and elevate your game!

Led by SDSM&T Women's Head Basketball Coach, Kyley Bachand.

Ages: 12+  
May 5 - June 9  
TUESDAYS

Session A: K-2nd grade 5:00-6:30PM  
Session B: 3rd-5th grade 6:00-7:00PM  
Session C: 6th-8th grade 7:00-8:00PM

**Location: Rapid City YMCA**  
**Member Fee: \$58**  
**Program Participant Fee: \$72**

REGISTER 

REGISTER 

REGISTER 



# SPORTS

## Tiny Tot Kung Fu

Join Tiny Tot Kung Fu for ages 4-6yrs! Learn Kung Fu basics through fun, engaging lessons and games. Strengthening bodies, improve coordination, and build confidence in a supportive, exciting environment. Watch your child grow and have a blast with Tiny Tot Kung Fu!

Ages: 4-6

June 4-25, July 9-30, August 6-27

THURSDAYS 4:30-5:00 PM

**Location: Liberty Center YMCA**

**Member Fee: \$27**

**Program Participant Fee: \$54**



## Tiny Tot Kung Fu Day Camp

Join Tiny Tots Kung Fu Day Camp for ages 4-6! Our littlest warriors will learn basic Kung Fu movements through playful activities, fun games, and high-energy lessons designed just for their age. Camp focuses on building coordination, balance, listening skills, and confidence — all in a safe and encouraging environment. It's the perfect way for your Tiny Tot to stay active, make new friends, and have a blast while learning something new!

Ages: 4-6

June 1-June 4

July 6-9

MONDAY, TUESDAY, WEDNESDAY, THURSDAY, 3:30-4:00 PM

**Location: Liberty Center YMCA**

**Member Fee: \$29**

**Program Participant Fee: \$59**



## Kung Fu Tigers

Join Kung Fu Tigers for ages 7-10yrs! Learn Kung Fu basics through fun, engaging lessons and games. Strengthen bodies, improve coordination, and build confidence in a supportive, exciting environment. Watch your child grow and have a blast with Kung Fu Tigers!

Ages: 7-10

June 4-25, July 9-25, August 6-27

THURSDAYS 5:00-5:30PM

**Location: Liberty Center YMCA**

**Member Fee: \$27**

**Program Participant Fee: \$54**



## Kung Fu Tiger Day Camp

Join Kung Fu Tigers Day Camp for ages 6-10! Learn Kung Fu basics through fun, engaging lessons and games. Strengthen bodies, improve coordination, and build confidence in a supportive, exciting environment. Watch your child grow and have a blast with Kung Fu Tigers!

Ages: 6-10

June 1-June 4

July 6-10

MONDAY, TUESDAY, WEDNESDAY, THURSDAY, 4:00-4:30 PM

**Location: Liberty Center YMCA**

**Member Fee: \$29**

**Program Participant Fee: \$59**



### Tiny Tot Volleyball

Tiny Tot Baseball is a beginner program for kids ages 4-6 to learn the fundamentals of baseball in a fun, non-competitive setting. Through engaging drills and games, participants will develop hand-eye coordination, teamwork, and basic skills like hitting, throwing, and catching. It's a great introduction to the game in a supportive environment! Parental involvement is encouraged.

Ages: 4-6

August 4-25

TUESDAY – 5:00-5:30 PM

**Location: Rapid City YMCA**

**Member Fee: \$26**

**Program Participant Fee: \$48**

REGISTER !

### Tiny Tot Soccer

Introduce your little ones to the joy of soccer! Our clinic for 4 to 6-year-olds offers fun drills, games, and skill-building activities in a supportive environment. It's a perfect introduction to the world's favorite sport. Get ready for smiles, laughter, and the thrill of kicking goals.

Ages: 4-6

July 8-29

WEDNESDAY- 5:00-5:30 PM

**Location: Liberty Center YMCA**

**Member Fee: \$26**

**Program Participant Fee: \$48**

REGISTER !

### Tiny Tot Basketball

Tiny Tot Basketball, for youth ages 4 to 6 years old, builds strong fundamentals as well as physical, social, and motor skills, while teaching teamwork. Fun-filled drills and activities which teach youth the basics of dribbling, passing, catching, and shooting in an atmosphere where youth are successful and learning is fun.

Ages: 4-6

May 6-27

WEDNESDAY – 5:00-5:30 PM

**Location: Rapid City YMCA**

**Member Fee: \$26**

**Program Participant Fee: \$48**

REGISTER !

### Tiny Tees Golf

Join us for an exciting season of recreational golf this summer at the YMCA. We will instruct youth on basic rules and etiquette while emphasizing skill development. Golfers will spend time learning how to drive, chip and in a safe environment.

Ages: 4-6

JUNE

TUESDAY – 5:00-5:30 PM

**Location: Rapid City YMCA**

**Member Fee: \$26**

**Program Participant Fee \$48**

REGISTER !

### Dance and Cheer-Sparks Squad

Spark Squad is a high-energy dance class designed for elementary-aged kids who love to move, perform, and build confidence! Led by an instructor with a cheer background, this class blends upbeat choreography, performance skills, musicality, and teamwork — without stunting.

\*4 week program, ending with a performance to kickoff the Flag Football Scrimmage at the Douglas School District Football Field on Thursday, June 25th 5:00 PM

Ages: 6-11

June 2- June 25

TUESDAY & THURSDAYS, 6:30-7:30 PM

**Location: Liberty Center YMCA**

**Member Fee: \$28**

**Program Participant Fee: \$46**

REGISTER !

## YOUTH SPORTS



# SPORTS CAMPS

## Fundamental Football Camp

Join us for a high-energy Fundamental Football Camp led by Coach Rob Rath and Goy Mayak, who is currently training for the NFL. The first three days focus on essential skills and drills, including passing, catching, footwork, positioning, and overall football fundamentals. Athletes will build confidence, improve technique, and grow their understanding of the game in a positive, encouraging environment. On the final day, campers will put their skills to the test in fun and competitive flag football scrimmages. This camp is perfect for players of all levels looking to learn, improve, and compete.

Ages:  
K-8th grade

June 22, June 23, June 24 and June 25  
MONDAY, TUESDAY, WEDNESDAY, THURSDAY- 5:00-7:00 pm

**Location: Liberty Center YMCA**  
**Member Fee: \$62**  
**Program Participant Fee: \$76**

**REGISTER !**

## Youth Volleyball Camp

Join us for an exciting Volleyball Skills Camp led by Jordan Grimes, college volleyball player! This camp is designed to help players improve their fundamental skills, including serving, passing, setting, hitting, and teamwork in a fun, fast-paced, and encouraging environment. Whether you're new to the sport or looking to sharpen your skills, you'll receive quality instruction and motivation from a passionate leader who knows what it takes to play at the next level. Come ready to learn, play, and grow your game!

Ages:  
5th-6th grade  
7th-8th grade

July 10-July 11  
5th and 6th - FRIDAY & SATURDAY-9:00-11:30 AM  
7th and 8th - FRIDAY & SATURDAY-12:00-2:30PM

**Location: Liberty Center YMCA**  
**Member Fee: \$52**  
**Program Participant Fee: \$72**

5/6

7/8

- fun, friendly competition
- indoor track and field events along with swimming
- stay active, challenge yourself and connect with others
- includes the fan favorite spelling bee!

## AGES 50-100!

**\*\*early bird registration  
through May 22**

**REGISTER !**

# 3rd ANNUAL SENIOR GAMES

**Rapid City YMCA   Liberty Center YMCA**  
**June 12 & 13**

# ADULT SPORTS

## Color Me Red, White, and Blue 5k

Get ready to lace up your running shoes and show your patriotic spirit at our Color Me Red, White, and Blue 5K Run! Be prepared to be showered with clouds of red, white, and blue powder at designated color stations. Each burst of color adds to the excitement and energy.

\*\* Top 10 will receive medals.

\*\* 5 and under free.

\*\* Register by June 3rd for Early Bird Registration!

Ages: 0-99

July 2

THURSDAY, 5:30-7:30 PM

Location: Liberty Center YMCA

Member Fee: \$24/\$30

Program Participant Fee: \$30/\$36

REGISTER !

## Adult Softball League

Grab your colleagues from work or your friends around town and sign up for the upcoming season of recreational Co-Ed Softball at Gates Park. The Summer season is 9 Weeks, starting May 31st through July 26th. Games are seven innings or 55 mins in length. There will be an end of season tournament. Players must be 16 and up to participate. Teams of 10 players (7 men, 3 women).

Ages: Ages 16 and up

May 31 - July 26

Sundays 6:00PM

Location: Custer YMCA

Member Fee: \$200

Program Participant Fee: \$200

REGISTER !

## Recreational Pickleball

New to pickleball or enjoy playing at a more relaxed pace, drop in with your own group or meet new people on the court. Located at 527 Montgomery St, Custer, SD June to August unless specified otherwise.

Ages: Ages 18 and up

June 1 - August 28

Monday/Wednesday/Friday 6:30AM - 10:30 AM

Location: Custer YMCA

Member Fee: \$0

Program Participant Fee: \$10 must register at 644 Crook St

## Competitive Pickleball

For established players who are looking for an opportunity to play competitive pickle ball, drop in with own group or meet new people on the court. Located at 527 Montgomery St, Custer, SD. June to August unless specified otherwise.

Ages: 18 and up

June 1 - August 28

Monday/Wednesday/Friday 6:30AM - 10:30 AM

Location: Custer YMCA

Member Fee: \$0

Program Participant Fee: \$10 must register at 644 Crook St

## Kung Fu

This is a basic course in Ving Tsun Kung Fu. In this course, students will work on footwork, punching, kicking, and blocks. Chinese culture will also be discussed throughout the program. The benefits of studying Kung Fu include increased confidence, self-discipline, awareness, health, personal growth, self-defense skills, and new friendships.

This course is open to adults and youth ages 10+. Please wear loose-fitting clothes and tennis shoes.

Ages: 10-99

May 11-June 16, June 22-July 29, August 3-September 9

MONDAY 6:30-7:30PM, WEDNESDAY 6:30-7:30 PM

Location: Liberty Center YMCA

Member Fee: \$54

Program Participant Fee: \$75



## Summer Indoor Adult Volleyball League

The YMCA indoor volleyball league offers a fun, competitive atmosphere and a chance for adults to continue living a healthy life. The focus of the league will be on positive competition and the development of a healthy lifestyle.

Ages: Ages 18+ Co-ed Recreation Division ONLY

June 11 - August 13

THURSDAY - 5:30-9:00PM

Location: Rapid City YMCA

Member Fee: \$0

Program Participant Fee: \$10



## Senior Games

Our 3rd Annual Senior Games are back and better than ever! This fun, friendly competition highlights indoor track and field events along with swimming, giving participants the chance to stay active, challenge themselves, and connect with others. We're bringing back the most popular events from past years — including the fan-favorite Spelling Bee! Whether you're competing for a medal or just for fun, the Senior Games are all about movement, community, and celebrating healthy living at every age.

\*Early Bird Registration through May 22

Ages: 50-100

June 12-June 13

FRIDAY & SATURDAY-TBD

Location: Liberty Center YMCA

Member Fee: \$28

Program Participant Fee: \$36

REGISTER !



# Summer Feeding Program

The YMCA of the Black Hills is committed to ensuring children of all youth aged 18 and under receive nutritious meals when school is not in session. We deliver a comprehensive summer program focused on youth enrichment, social engagement and expanded access to nutritious meals.

The YMCA is an equal opportunity provider, and summer serving times and locations are as follows:

 **Rapid City YMCA Courtyard Café – 815 Kansas City Street**  
Breakfast Monday-Friday: 7:45AM-8:45AM (June 8-August 7)  
Lunch Monday-Friday: 11:45AM-1PM (June 8-August 7)

 **Main Street Square – 512 Main Street, Downtown Rapid City**  
Lunch Monday-Friday: 11:45AM-1:30PM (June 8-August 7)

 **Liberty Center YMCA – 401 Main Street, Box Elder**  
Grab-and-Go bulk meals, multiple day snacks and dinners for children under age 18, children need not be present.  
Meal Prep Box Tuesday and Friday: 3PM-5PM (June 8-August 7)

**The Y Summer Feeding Program provides any child under 18 with a free, healthy meal option in an enriching environment over the summer months.**



**Rapid City Food Pantry Expansion – First YEAR**  
The YMCA will be expanding its food pantry to meet increasing community need this summer. Enhanced partnerships with regional food providers and expanded community donation efforts will support access to shelf-stable foods, fresh items when available, and family-friendly meal suggestions and education on nutrition. Please call the Rapid City YMCA at 605-718-9622 for more details on operation days and times.



# BEST SUMMER EVER!



REGISTER ONLINE AT:  
[YMCABH.ORG/SUMMER-CAMP](http://YMCABH.ORG/SUMMER-CAMP)

RAPID CITY YMCA | 605-718-5437

## GIRAFFIC PARK DAY CAMP ENTERING GRADES 1-6

Monday - Friday | 7:30A-5:30P

Session 1: June 1-12

Session 2: June 15-26

Session 3: June 29-July 10

Session 4: July 13-24

Session 5: July 27-August 7

Session 6: August 10-14

### TUITION RATES:

#### Session 1-5:

Member \$385 | Non-Member \$420  
+ \$50 registration fee, per child

#### Session 6:

Member \$200 | Non-Member \$235  
+ \$50 registration fee, per child

Alisa Cunningham, Youth Development Director  
[alisa.cunningham@ymcabh.org](mailto:alisa.cunningham@ymcabh.org)

## SUMMER JUNGLE CAMP ENTERING 1st GRADE FALL, 2026

Monday - Friday | 7:30A-5:30P

NOTE: Tuition rates and session dates are the same as Giraffic Park Day Camp.

## NEW! MIDDLE SCHOOL CAMP ENTERING GRADES 7-9, FALL 2026

Monday - Friday | 8:00A-4:00P

Session 1: June 1-12

Session 2: June 15-26

Session 3: June 29-July 10

Session 4: July 13-24

Session 5: July 27-August 7

### TUITION RATES:

Member \$400 | Non-Member \$435  
+ \$50 registration fee, per child

## CUSTER YMCA | 605-673.2222

CUSTER & HERMOSA SUMMER DAY CAMPS  
Must have completed Jr. Kindergarten or Kindergarten to entering 6<sup>th</sup> Grade. Sessions are one week in length, each.

Monday - Friday 7:30A - 5:30P  
June 1 - August 21, 2026 (Custer)  
June 1-July 3, 2026 (Hermosa)

Member \$135 per session | Non-Member \$150

Register at [ymcabh.org/summer-camp](http://ymcabh.org/summer-camp) or contact:  
Erin Wilkins, Childcare Director  
[erin.wilkins@ymcabh.org](mailto:erin.wilkins@ymcabh.org)

## EDGEMONT YMCA | 605-662.7999

EDGEMONT SUMMER DAY CAMP  
ENTERING GRADES K-6

Monday - Friday 8:00A - 4:00P  
June 1 - July 3, 2026

### REGISTER IN PERSON

For more information, visit [ymcabh.org/summer-camp](http://ymcabh.org/summer-camp) or contact:  
Kelsey Trotter, Branch Manager  
[kelsey.trotter@ymcabh.org](mailto:kelsey.trotter@ymcabh.org)



175<sup>YEAR</sup> ANNIVERSARY



# HEALTHY KIDS DAY<sup>®</sup>

Free And Open To The Public!



## APRIL 18

NATIONAL SPONSORS



COMMUNITY CHAMPION



LOCAL SPONSORS

Strider Bikes  
KOTA TV  
NewsCenter1  
Rapid City Journal

Rapid City YMCA - 10am to 1pm  
Liberty Center YMCA - 10am to 1pm  
Custer YMCA - 9am to 11am  
Edgemont YMCA (held Saturday, April 25th)

Learn more at [www.ymcabh.org](http://www.ymcabh.org)

# EXCEL AFTER THE BELL

## School Age Care

School-Age Care –  
Online registration for 2026–2027  
After School care is NOW OPEN.

**REGISTER !**

625 – 9th Street in Rapid City.  
Please bring a copy of your child’s immunization  
record at the time of registration.

Rapid City YMCA | 605.718.9622  
AFTERSCHOOL | OPEN UNTIL 6:00PM  
Kidstop On-Site Locations | Grades K-5

Tuition-based, academic support, enrichment  
activities, and character development.

- Black Hawk | 7108 Seeaire St.
- Corral Drive | 4503 Park Dr.
- Grandview | 3301 Grandview Dr.
- Meadowbrook | 3125 Flormann St.
- Wilson | 827 Franklin St.
- Robbinsdale | 424 East Indiana St.

### Kidstop On-Site Locations | Grades K-5

Funded by the 21st Century Community  
Learning Centers Grant  
Free enrollment, academic support,  
enrichment activities, life skills &  
character development.

- Douglas | 441 Don Williams Dr., Box Elder

### Sundowners | 625 9th St. | Grades K-5

Tuition-based, academic support, enrichment  
activities, swimming lessons, and  
character development.

Busing available from the following locations:

- Corral Drive 4303 Park Dr.
- South Canyon 218 Nordby Ln.
- Pinedale 4901 West Chicago St.
- Rapid Valley 2601 Covington St.
- Valley View 4840 Homestead St.

### All Day Programs | Grades K-5 7:30AM – 5:30PM

Must be enrolled in Kidstop or Sundowners to be  
eligible.

Alisa Cunningham, Youth Development Director  
Alisa.cunningham@ymcabh.org

Custer YMCA | 605.673.2222  
AFTERSCHOOL | OPEN UNTIL 5:30 PM  
Kidstop On-Site Locations | Grades K – 5

Custer | 1415 Wildcat Ln.  
Hermosa | 114th St.

**ALL DAY PROGRAMS |**  
**8:00AM – 4:00PM**  
Every Friday.  
Preregistration required.

Erin Wilkins, Child Care Director  
Erin.wilkins@ymcabh.org

Edgemont YMCA | 605.662.7999

**AFTERSCHOOL |**  
**OPEN UNTIL 5:30PM**  
Kidstop On-Site Location | Grades K – 5

Edgemont School | 715 Mogul Way

**ALL DAY PROGRAMS |**  
**8:00AM – 4:00PM**

- There is no charge to attend Edgemont programs  
as they are funded by the 21st Century Community  
Grant
- Kidstop resumes August 17th

Kelsey Trotter,  
Branch Manager  
Kelsey.trotter@ymcabh.org





# PLAY. LAUGH. GROW.

## CHILD WATCH Summer, 2026

Children can visit Child Watch for up to two hours each day while their guardians utilize YMCA facilities.

**Rapid City YMCA | 605.718.9622**

**Ages 6 weeks - 12 years**

Hours:

Monday & Tuesday | 8AM-1:15PM and 5P-7P

Wednesday 8A-1:15P (No evening hours)

Thursday 8A-1:15P and 5P-7P

Friday 8A-1:15P (No evening hours)

Saturday 9A-1P

Pricing:

8 Hour Punch Card \$16.00

16 Hour Punch Card \$32.00

**Child Watch School Age Unlimited Usage Pass**

Ages 6 years to 12 years can pay 1 fee for up to 2 hours of Child Watch every day we are open during operating hours for the whole summer break. One fee covers the whole summer! Dates of usage are 5/21/26 through 8/26/26. \$75 for 1 child and \$123 for Multiple children

**REGISTER** \$75 \$123

Susan Walburg, Child Watch Coordinator

[Susan.walburg@ymcabh.org](mailto:Susan.walburg@ymcabh.org)

**LIBERTY CENTER YMCA | 605.791.0400**

**Ages 6 weeks - 5 years**

Hours:

Monday - Friday | 8:30 AM - 11:30 AM

Monday - Thursday | 4:30 PM - 6:30 PM

Saturday | 8:30 AM - 10:30 AM

Pricing:

Members | FREE

Non-members | \$3.00 per hour

Augustin Caraza, Branch Manager

[Augustin.caraza@ymcabh.org](mailto:Augustin.caraza@ymcabh.org)

## EARLY LEARNING CENTERS

Registration for the YMCA Early Learning Program is ongoing on a space-available basis.

**Rapid City YMCA | 605.718.5437**

**Infant | 6 weeks - 18 months**

Rapid City Education Center | 625 9th St.

Jump Start Rapid City Highschool | 601 Columbus St.

One Heart Campus |

**Toddler | 18 months - 3 years**

Downtown YMCA | 815 Kansas City St.

Rapid City Education Center | 625 9th St.

Jumpstart Rapid City Highschool | 601 Columbus St.

**Preschool | 3 - 5 years**

Downtown YMCA | 815 Kansas City St.

Rapid City Education Center | 625 9th St.

Jumpstart Rapid City Highschool | 601 Columbus St.

**REGISTER in person at**

Rapid City Education Center | 625 9th St.

Eve Finnegan, Early Learning Director

[Eve.finnegan@ymcabh.org](mailto:Eve.finnegan@ymcabh.org)

**YMCA OF CUSTER | 605.673.2222**

**Toddler-preschool | 1 - 5 years**

Custer YMCA Childcare Center | 833 Bluebell Ln.
















Erin Wilkins, Child Care Director

[Erin.wilkins@ymcabh.org](mailto:Erin.wilkins@ymcabh.org)












# MEMBERSHIP RATES



## RAPID CITY MEMBERSHIP

-  **YOUTH | TEEN** ages 6 - 17 years
-  **ADULT** ages 26 - 64 years
-   **SENIOR TWO ADULT** ages 65+
-  **SENIOR ONE ADULT** age 65+
-  **YOUNG ADULT** ages 18 - 25
-    **ONE ADULT FAMILY**
-    **FAMILY**
-    **HOUSEHOLD**

## LIBERTY CENTER MEMBERSHIP
















-  **YOUTH | TEEN** ages 6 - 17 years
-  **ADULT** ages 26 - 64 years
-   **SENIOR TWO ADULT** ages 65+
-  **SENIOR ONE ADULT** age 65+
-  **YOUNG ADULT** ages 18 - 25
-    **ONE ADULT FAMILY**
-    **FAMILY**
-    **HOUSEHOLD**
-  **SERVICE MEMBER SINGLE**
-    **SERVICE MEMBER FAMILY**

JOINER FEE	MONTHLY RATE	ASSOCIATION RATE
\$40	\$26	\$26
\$40	\$65	\$65
\$40	\$81	\$81
\$40	\$59	\$59
\$40	\$48	\$48
\$40	\$65	\$65
\$40	\$94	\$94
\$40	\$99	\$99
JOINER FEE	MONTHLY RATE	ASSOCIATION RATE
\$40	\$18	\$26
\$40	\$48	\$65
\$40	\$56	\$81
\$40	\$45	\$59
\$40	\$38	\$48
\$40	\$57	\$65
\$40	\$68	\$94
\$40	\$79	\$99
\$40	\$18	
\$40	\$30	
















# MEMBERSHIP RATES



## CUSTER MEMBERSHIP

-  **YOUTH I TEEN** ages 6 - 17 years
-  **ADULT** ages 26 - 64 years
-   **SENIOR TWO ADULT** ages 65+
-  **SENIOR ONE ADULT** age 65+
-  **YOUNG ADULT** ages 18 - 25
-    **ONE ADULT FAMILY**
-    **FAMILY**
-    **HOUSEHOLD**

## EDGEMONT MEMBERSHIP

-  **YOUTH I TEEN** ages 6 - 17 years
-  **ADULT** ages 26 - 64 years
-   **SENIOR TWO ADULT** ages 65+
-  **SENIOR ONE ADULT** age 65+
-  **YOUNG ADULT** ages 18 - 25
-    **ONE ADULT FAMILY**
-    **FAMILY**
-    **HOUSEHOLD**

JOINER FEE	MONTHLY RATE	ASSOCIATION RATE
\$40	\$14	\$26
\$40	\$46	\$65
\$40	\$54	\$81
\$40	\$44	\$59
\$40	\$36	\$48
\$40	\$55	\$65
\$40	\$62	\$94
\$40	\$74	\$99
JOINER FEE	MONTHLY RATE	ASSOCIATION RATE
\$0	\$12	\$26
\$0	\$19	\$65
\$0	\$18	\$81
\$0	\$9	\$59
\$0	\$14	\$48
\$0	\$26	\$65
\$0	\$29	\$94
\$0	\$34	\$99

